



# THE CYPRUS SOCIETY OF CARDIOLOGY NEWSLETTER

Issue 8, August 2012

Dear members and friends of the Society,

Since its foundation, in 1977, the Cyprus Society of Cardiology has passed through many difficulties trying to establish the Specialty of Cardiology in Cyprus, in educating people on the prevention of heart disease and in improving the standards of cardiology practice in our country.

Starting with only 7 members, it numbers today over 130 cardiologists, who participate actively in the working groups of the Society which has become one of the most active scientific bodies in Cyprus.

I would like to encourage our members and other non-member physicians, who are interested in cardiology science, to submit papers to the Cyprus Journal of Cardiology and send their research work to the European Congress and other Meetings of Cardiology.

The contribution of each and every one of you is of utmost importance in promoting cardiology and in preventing cardiovascular diseases.

With my best wishes,

Dr Petros Agathaggelou, BSC (Hons) MD (Hons) FESC FACC  
President of Cyprus Society of Cardiology

## **Board of Directors 2012 – 2014**

President:	Petros Agathaggelou	Members:	Constantinos Makrides
Vice President:	Loizos Antoniadis		Joseph A Moutiris
Secretary:	Georgios M. Georgiou		Christos Christou
Secretary Assistant:	Marios Ioannides		
Treasurer:	Ioannis Stephanou		
Past President:	Panicos Avraamides		

## **Presidents of the Society since Foundation**

Agis Syrimis (1978-79, 1994-95), Charis Fessas (1980-81, 1996-97), Leonidas Pelides (1982-83), Pambis Nicolaidis (1984-85, 2006-07), Lakis Anastasiades (1986-87), Andreas Kazantzis (1988-89), Marcos Agathangelou (1990-91), Costas Zambartas (1992-93, 2004-05), Evagoras Nicolaides (1998-99), Costas Avraamides (2000-01), Elias Papadopoulos (2002-03), Loizos Antoniadis (2008-09), Panayiotis Avraamides (2010-11), Petros Agathangelou (2012-13)

## **The history of CSC**

The CSC was founded in 1977. It is run by a board of directors which consists of 9 members and its term runs for 2 years. There are currently around 150 members. CSC is the recognised scientific body in Cyprus in the field of cardiology and has been a member of the European Society of Cardiology since 1980, the International Society of Cardiology since 1981 and is a founding member of the Cyprus Cardiology Foundation (1991).

## **Objectives**

The main objectives are educating its members as well as the medical profession as a whole on cardiovascular disease. Achieving excellent scientific and professional conditions for its members.

## **Activities and Official Conferences of the Society and other Meetings organized under the Auspices of the Society**

- The International Cardiology Meeting organised biannually since 1979
- The Cyprus - Greece Cardiology Meeting organised biannually since 1994, in collaboration with the Hellenic Cardiology Society
- The Paphos Cardiology Meeting, organised in collaboration with the Cardiology Dept of Paphos General Hospital, since 2004
- The Invasive Cardiology Seminar, organised in collaboration with the Cardiology Dept of Nicosia General Hospital, since 2009
- The TCT Mediterranean Meeting organised in May 2012
- Regular, monthly scientific meetings for members.
- Over 15 scientific meetings/lectures are held every year either by the Society or under its auspices.

## **Working Groups**

The society has five working groups and one in process. The CSC member of the Board, Dr. Marios Ioannides was appointed as the liaison between CSC Board and the nucleus of the working groups.

WG on Heart Failure

Nucleus: Eleni Kleanthous (President), Georgios P. Georgiou, Theodoros Christodoulides, Philippos Allayiotis

WG on Echocardiography

Nucleus: Kyriacos Yiangou (President), Loizos Antoniadis, Era Eracleous

WG on Interventional Cardiology

Nucleus: Themis Komodromos (President), Savvas Constantinides, Georgios M. Georgiou

WG on Congenital Heart Disease

Nucleus: Panayiotis Zervos (President), Antonis Iosif, Paris Iacovides

WG on Cardiovascular Prevention and Rehabilitation

Nucleus: Pieros Georgiou (President), Marios Lemoniatas, Georgios M. Georgiou

WG on Cardiovascular Surgery – in process

The board took a decision to create more working groups. We feel that this will encourage even more of our members to get involved in Society scientific activities. We envisage each WG undertaking scientific meetings and other activities related to their particular subspecialty. For this reason we have already scheduled scientific meetings of each working group to be held on a designated upcoming calendar months.

## **Participation of the Society in the European Registries and EuroHeart Survey: the EORP**

- Registry of Heart Failure
- EuroAspire III and IV
- EuroHeart Survey on Stable Coronary Artery Disease
- EuroHeart Survey on Acute Coronary Syndromes
- EuroHeart Survey on Atrial Fibrillation

## **Participation in International Meetings**

The Society maintains very close relations to the ESC hence many of its members submit and present oral or poster presentations during the annual European, Hellenic and other International Cardiology Conferences.

For the sixth year running, the CSC will attend with its own stand at the European Cardiology Meeting that is being held in Munich, Germany, from 25<sup>th</sup> to 29<sup>th</sup> August 2012 as well as participating with a stand at the 33<sup>rd</sup> Panhellenic Cardiological Congress to be held in Athens in October 2012. Furthermore, our society has established a closed collaboration with the ACC as a result Greece- Cyprus International Chapter of the American College of Cardiology was founded in 2011, the ceremony of which took place at the ACC Congress in New Orleans in 2011.

The joint session of CSC- HCS-ACC at the ACC Congress in Chicago in March 2012 was the first tangible effect of our collaboration and we look forward to participating in more of similar activities.

Following the successful TCT Mediterranean hosted by our Society the TCT is one of the important events that the CSC will be participating.

## **“Heart” Weeks**

The Society has a tradition of holding two heart weeks every year. A third heart week has now been created as follows:

1. **World Hypertension Day**: this traditional week is being held mainly by the Cyprus Hypertension Society with co-join participation of the CSC. We are pleased to announce, that for the first time the CSC and the Cyprus Hypertension Society mainly will host the master course on hypertension which is going to be held in 23-24 November 2012 and be honoured by the presence of the President of the ESH, Professor Mancina, Professor Manolis, and renowned European hypertension specialists.
2. **Heart Week**: this traditional heart week is held jointly with the Cyprus Heart Foundation in the autumn of each year. It is held on the occasion of the annual World Heart Federation’s World Heart Day. It’s aim is to sensitise and educate the public on heart disease.
3. **Sudden Cardiac Death Prevention Week**: this was held for the first time in 2011. It was a joint venture with the Cyprus Resuscitation Council. A very successful program concentrated on the ways the public can prevent and assist victims of SCD.
4. **World Heart Rhythm Week**: This was held for the first time in June 2012 as a joint venture with the Cyprus Resuscitation Council. It was a very successful informative activity, which brought to the awareness of the public the importance of the heart rhythm, and how will prevent and assist victims of sudden cardiac death.

## **Upcoming Seminars**

Three new seminars are being prepared for later this year as follows:

- Heart, Vessels and Stroke: this seminar is due in September 2012. It is jointly organised by our Society and the Hellenic Cardiovascular Research Society
- Clinical Cardiology: this seminar is due in November 2012. It is jointly organised by our Society and the Institute of Cardiovascular Education and Research of Greece.
- TCT Miami 2012: The CSC and HSC already have confirmed a “Joint Session” participation.

We will send out details once the programs are finalised. Information will be soon available at the Society’s website [www.cycardio.com](http://www.cycardio.com).

## **Journal**

“Kardia” the Cyprus Heart Journal is published by the CSC. The journal includes original work by CSC members. The Editorial Board is in the process of upgrading our journal to an international scientific standards hoping to achieve the necessary academic level that will allow the journal to enjoy an international acknowledgement.

Further information is available on the Society’s website [www.cycardio.com](http://www.cycardio.com). Address: P.O. Box 27010, 1641, Nicosia, Cyprus